

# WEBINAR

## Public Health Principles of Diabetes Prevention in High Risk Persons

January 26, 2011

12:00 – 1:30 P.M.

*This Webinar has been developed for primary care providers and other clinical staff who treat patients at risk for diabetes.*

12:00 – 12:45 pm	<b>Public Health Principles of Diabetes Prevention in High Risk Persons</b> <i>David F. Williamson, Ph.D.</i> Science Consultant for Primary Prevention of Diabetes Centers for Disease Control and Prevention and Visiting Professor at Emory University
12:45-1:00 pm	<b>Q&amp;A</b>
1:00 – 1:20 pm	<b>YMCA's Diabetes Prevention Program &amp; Referral Process</b> <i>Sarah Shimchick, MSW, M.ED.</i> YMCA's Diabetes Prevention Program Director
1:20-1:30 pm	<b>Q&amp;A</b>

### Learning Objectives:

At the end of this program participants should be able to:

- Understand the history of randomized controlled trials for primary prevention of type 2 diabetes.
- Understand the importance of diabetes risk status for targeting persons to receive structured lifestyle intervention for primary prevention.
- Understand the important heterogeneity in diabetes risk status among adults.
- Understand the impact on diabetes incidence of the Diabetes Prevention Program lifestyle intervention program and the drug Metformin.
- Understand the economic costs and impact of lifestyle intervention for prevention of type 2 diabetes.
- Describe the YMCA's Diabetes Prevention Program and referral process

**SPONSORED BY:** Arizona Academy of Family Physicians, Valley of the Sun YMCA's Diabetes Prevention Program, Arizona Diabetes Program, Arizona Diabetes Coalition, American Diabetes Association, Arizona Public Health Association, Greater Valley Area Health Education Center, Wesley Health Center, and Dr. Mark Stephan